

Allergy Safe Snack List

NO PEANUTS, NO NUTS, NO EGGS

- Fresh, canned, frozen and dried fruit
- V8. SPLASH, vegetable and fruit juices
- Kool-Aid, Gatorade, Powerade.
- Milk. Soy Milk, Rice Milk (NO Milkshake drinks)
- Vegetable Sticks
- SUNRYPE Fruit to Go. Fruit to Go Energy Bars. Fruit & Veggie bars
- Yogurt cups and tubes
- Cheese
- Sandwich meats, ham, bologna, wieners, garlic sausage
- Pickles
- QUAKER Mini rice chips and rice cakes
- KRAFT JELL-O Delicious Duos pudding snacks
- MAGIC MOMENTS Old Fashioned Rice Pudding and Tapioca
- CHRISTIES CRACKERS - Triscuits, Wheat Thins, Sociables, Swiss Cheese
- RITZ - regular and cheese only (NO sandwich variety, NO Ritz Bits. NO Snack Mix)
- CRISPERS - All Dressed and Ranch, Toppables, Premium Plus crackers & whole wheat,
- SNACKWELL Potato Thins - Sour Cream and Onion, All Dressed and BBQ
- CHRISTIES - Honey Graham Wafers, Teddy Grahams (Chocolate and honey)
- Bamum's Animal Crackers, Dinobites, Arrowroot cookies, Fig Newton's, Oreo regular, double stuff and chocolate creme (NO Mini Oreos), Fudgee-0 and double stuff,
- SNACKWELLS Creme Sandwich white
- SUPERSTORE - Yellow Box NN Animal Crackers, Ritz style crackers, low fat pretzels
- Air popped popcorn
- Cereals - QUAKER Life, Corn Bran, Oat Squares, Oat Bran, Puffed Rice, Puffed
- Wheat, Cap'n Crunch, Quaker Spuds
- KELLOGG'S Mini Wheat's Original, Honey & Brown Sugar varieties, Apple Jacks. Corn Pops, Froot Loops, Crispex
- POST'S Alphabits. Marshmallow Alphabits, Honeycombs, Shreddies regular
- GENERAL MILLS Cinnamon Toast Crunch, Lucky Charms, Golden Grahams
- KELLOGG'S NutriGrain bars, Bakes Muesli bars, Poptarts, Poptart Stix, Poptart Danish
- JELL-O refrigerated pudding cups and cheesecake cups
- BETTY CROCKER fruit roll-ups, Fruit by the Foot, Fruit Snacks, Fruit Gushers
- HAWKINS Cheezies
- NESTLE Chocolate Bars - Aero. Mirage, Kit Kat. Coffee Crisp. Smarties (NO M & M's)
- TREBOR ALLAN Candy Berries, Fuzzy Peach. Gummies, Cherry Blasters,
- Sourpatch Kids
- LAYS chips
- SUN chips
- Jolly Rancher and Mr. Freeze freezies

Avoid all products containing peanuts, nuts, nut or coconut oil and displaying a peanut, nut warning. Also, NO Goodlife products, NO bulk food bin items or bakery items- cross contamination reasons. No lotions containing nut extracts or oils. Please check ingredient labels every time on every package. INGREDIENTS CAN CHANGE!